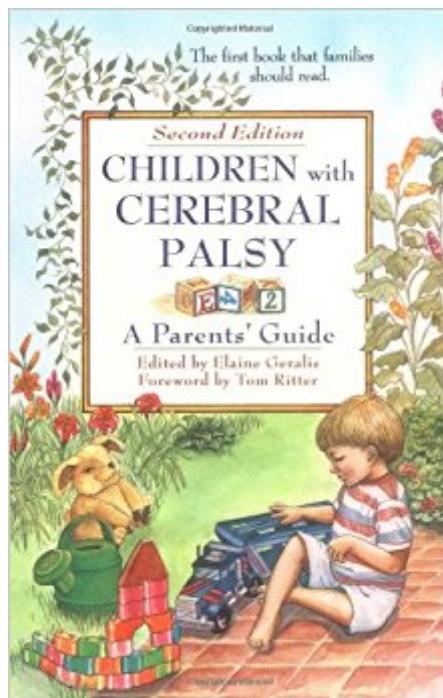


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# Children With Cerebral Palsy: A Parent's Guide



## **Synopsis**

A revised and updated edition of this classic primer for parents provides a complete spectrum of information and compassionate advice about cerebral palsy and its effect on their child's development and education. The second edition, written by the same team of medical specialists, therapists, educators, and parents, covers these important areas: Diagnosis, Medical Issues, Family Life, Legal Rights, Early Intervention, Coping, Therapies, Treatment, Development, Advocacy, Special Education, Daily Care. New to this edition is information on the latest treatments for seizures; medications for muscle spasticity and drooling; treatments for gastroesophageal reflux; communication devices and toys; advice on dealing with insurance companies; inclusion during preschool years and important changes to special education laws, plus much, much more. Other helpful information includes a glossary, reading list, and resource guide. Comprehensive and up-to-date, this guide is one that parents will refer to time and time again during their child's first six years.

## **Book Information**

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## **Customer Reviews**

A Review... Review of Children with Cerebral Palsy, 2nd edition "This second edition of Children with Cerebral Palsy: A Parents Guide, edited by Elaine Geralis, should be in the hands of every parent who has a young child with cerebral palsy (CP). In addition, the book should be read by every professional who works with young children who have cerebral palsy and their families. The reasons for this are many, beginning with the way the book is organized. Chapters are written by

professionals whose long experience in working with young children with CP and their families is quickly evident. In addition to their professional qualifications, some of these contributors are the parent of a child with CP and share their experiences. Another valuable feature of the organization is at the end of each chapter. Short statements from a number of parents relate to the topic that has just been discussed. These are honest statements, running the gamut from bewilderment, anger and frustration to acceptance, hope and joy. Another valuable feature of the book is the care that is taken in defining and explaining all of the terms and jargon that parents will encounter. The authors realize these words that will become a standard part of parents' vocabulary are at first almost foreign. Thus, throughout the book, care is taken to define words such as muscle tone, contracture, oral-tactile defensiveness, receptive language and expressive language. These and many other terms are defined in layman's terms. In addition, a glossary of terms is included at the back of the book. What will parents learn from this book? Many things. First, they will gain what every parent of a child who is newly diagnosed with CP needs and craves-knowledge . The first chapter presents solid, factual knowledge regarding the condition of cerebral palsy: what it is, what causes it, and other conditions often seen in association with CP. Next is a chapter on daily care written by an occupational therapist. What makes this chapter so valuable for parents is its emphasis on the practical. For example, it informs them how to carry a child and how to position the child in reclining and sitting positions. Short descriptions are given of many special equipment items that may be needed. Suggestions for the essential activities of eating, bathing, dressing, playing and sleeping are provided. These are the immediate, everyday concerns of parents, and they are addressed in a manner that parents should find very helpful. 'Do not take any suggestions that will only make more work for you,' the author states. What a wonderful and necessary thing for parents of children with CP to hear! Other chapters provide similar types of useful, practical information on topics such as developmental issues and milestones; speech, physical and occupational therapies; and early interventions and preschool programs. Also addressed are legal issues, such as the laws governing the education of children with handicaps, the Americans with Disabilities Act (ADA), government benefits (SSI and, SSDD), and health and life insurance issues. In addition to these chapters, which provide a wealth of practical information for parents, there are chapters that address issues such as the range of emotions often experienced by parents and other family members, assistance to help the child with CP develop self-esteem, and other issues surrounding everyday family life. Again, very practical matters are discussed, such as emphasizing that parents take time for themselves, reminding parents to allow all family members to be individuals and deal with their emotions in their own way and at their own pace, and advising parents not to allow all family life to revolve around the

child with CP. The final chapter explains and illustrates advocacy from a parent's perspective. Explaining what advocacy is and how it can be practiced, even in small ways, can add to the feelings of hopefulness and determination likely to have been generated by the reading of previous chapters. Appendices include a list of recommended readings, a list of suppliers of special equipment, and a resource guide of organizations. Taken all together, the information included in this book is just what parents of children who are newly diagnosed with CP need and should have. The book is a blend of factual information and practical suggestions presented in an easy-to-read style. Parents and their children are acknowledged as unique, complex individuals rather than as one large homogenous group that is expected to move step by step in unison. After reading this book, parents will no longer feel quite so alone. Speech-language pathologists and other professionals will learn a great deal from this book as well. Most importantly, it will provide professionals with an honest look at the myriad issues that parents of their young clients must face and address. The book will remind professionals of several things, including the vast amount of new information that parents are expected to assimilate in a short period of time and the fact that life cannot and should not revolve around therapy. Reading the personal reflections should help to convey to or remind professionals what life with a young child who has CP is really like. For both parents and professionals, what sets this book apart from many others is its tone. This is an honest book-honest in the factual information it presents; honest in acknowledging all members of the family. Honest in not advocating pity, either for the child or for the parents; and honest in conveying to parents that they do not need to become superhumans. The result is a book to be highly recommended." ----ADVANCE for Speech-Language Pathologists & Audiologists, April 12, 1999

In her role as editor, Elaine Geralis draws upon her expertise as a parent and a seasoned advocate to compile this invaluable guide for other parents of children with cerebral palsy.

I was looking for more Teenage years not from infant to school ago kids. I needed help with puberty and there was NOTHING in it to help. This book would have helped me when he was first born but that's it. If you have newborn child with Cerebral palsy then get this book...it will help you tremendously.

This book is thoughtfully and thoroughly written. It provides a wealth of information and resource on the many issues of raising and caring for a child with Cerebral Palsy. I am a Registered Nurse and found the information to be clear, helpful, and direct. Each chapter has parents' statements which can be reassuring and insightful. It's always nice to hear you're not alone in what you are going

through, thinking, and feeling. The book will teach you many things and it can help you to get organized in care planning for your child. It also addresses taking into consideration the necessity of caring for yourself and other members of your family. I am the Mama of two boys, 31 and 17 mo. old. My older son has mild CP.

This book is a must have for any person who cares for a child who has any form of cerebral palsey. I rarely if ever heard the term cerebral palsey used to describe my child by any health care professional. My child was six years old when I picked up a copy of this book out of curiosity at a childrens hospital, read the whole book, happy to have good information, angry because of not having the information sooner. I immediately shot some expressive words to any doctor or surgeon who came into visit with our family. Why hadn't this book ever been something offered to us as helpful information. So what if I'd taken offense to the term cerebral palsey! The facts are he has a form of brain damage which in turn is just that cerebral palsey! This could have helped me out with so much in those first three years of his precious life. Better late than never, but should still be a must read to parents or care givers who enter a child into a birth to three prgram.

Great book for those who are just starting to understand the CP diagnosis.

Im not done reading the whole book but so far I like it. I do pdn for pediatrics so I wanted a little bit more information on c.p. to understand my pts more and for the price u couldnt beat it .

If you know a child with cerebral palsy, this is a very informative book. A must have. It will explain all the issues in education that you need to be aware of so that your child can get what is needed from the schools to prepare your child for his/her education.

This book is informative and an excellent resource for families with a child who has been diagnosed with Cerebral Palsy. When my grandson was recently diagnosed with Cerebral Palsy, I had no idea what it was or how to deal with it. A friend gave me a copy of Children With Cerebral Palsy: A Parents' Guide and I started reading it immediately. It helped me understand what Cerebral Palsy is and provided information that helped me obtain intervention and appropriate therapy to help my grandson. It included information about the rights of individuals with special needs as well as suggestions in planning for the future as children with special needs approach life as an adult. I continue to use this book on a regular basis as a resource guide in helping my grandson develop to

his full potential.

Alot to take in - great information. My granddaughter was told she had a type od CP. this book helped the family to get some needed information

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Bell's Palsy Handbook: Facial Nerve Palsy or Bell's Palsy facial paralysis causes, symptoms, treatment, face exercises & recovery all covered Children with Cerebral Palsy: A Parent's Guide Teaching Motor Skills to Children With Cerebral Palsy And Similar Movement Disorders: A Guide for Parents And Professionals Yoga for the Special Child: A Therapeutic Approach for Infants and Children with Down Syndrome, Cerebral Palsy, Autism Spectrum Disorders and Learning Disabilities by Sumar, Sonia (2007) Paperback Yoga for the Special Child: A Therapeutic Approach for Infants and Children with Down Syndrome, Cerebral Palsy and Learning Disabilities by Sonia Sumar (2007) Yoga for the Special Child: A Therapeutic Approach for Infants and Children with Down Syndrome, Cerebral Palsy, Autism Spectrum Disorders and Learning Disabilities Cerebral Palsy: A Complete Guide for Caregiving (A Johns Hopkins Press Health Book) Trapped: My Life with Cerebral Palsy One More Step: My Story of Living with Cerebral Palsy, Climbing Kilimanjaro, and Surviving the Hardest Race on Earth From Where I Sit: Making My Way with Cerebral Palsy The Courage to Compete: Living with Cerebral Palsy and Following My Dreams Yoga for the Special Child: A Therapeutic Approach for Infants and Children With Down Syndrome, Cerbral Palsy, and Learning Disabilities Vision and the Brain: Understanding Cerebral Visual Impairment in Children A Parent's Guide to St. Louis (Parent's Guide Press Travel series) The Baffled Parent's Guide to Coaching Girls' Lacrosse (Baffled Parent's Guides) The Baffled Parent's Guide to Coaching Tee Ball (Baffled Parent's Guides) When Your Parent Moves In: Every Adult Child's Guide to Living with an Aging Parent The Baffled Parent's Guide to Coaching Youth Soccer (Baffled Parent's Guides) The Baffled Parent's Guide to Great Soccer Drills (Baffled Parent's Guides) The Baffled Parent's Guide to Coaching 6-and-Under Soccer (Baffled Parent's Guides)

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